Low Cost • No Cost People Services Sutter-Yuba Counties

PUBLICATION SPONSORED BY SUTTER COUNTY HUMAN SERVICES

This information is also available at the Sutter County Human Services department website, www.SutterCounty.org

| ALCOHOL & DRUG ABUSE SERVICES ACTS Alcohol Chemical Treatment Series Truth Tabernacle Church. Marysville | A support group for family members of addicts | TOBACCO EDUCATION & REFERRALS TO CESSATION CLASSES Sutter Co822-7215 Yuba Co749-6366 Rideout Health741-3840 ANIMALS Animal Control Office Licensing and control of animals. Sutter Co822-7375 Yuba Co741-6478 Yuba Sutter S.P.C.A. Low cost spaying, neutering, and vaccinations 673-6390 ANIMAL BITES Sutter Co. Environmental Health822-7400 Yuba Co. Animal Control 741-6478 CHILDREN'S ACTIVITIES 4H Club Focus on agriculture for youth |
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| Girl Scouts Council Organized activities for girls1-800- 322-4475 Little League Olivehurst-Linda 742-7949 Peach Bowl 673-6584 Sutter Buttes 870-1730 YMCA Recreation and activities for youth916-452-9622 or 662-1086 Youth Soccer League of Yuba-Sutter Website: www.yubasuttersoccer.com Yuba City Recreation Department 822-4650 Live Oak City Parks and Recreation695-2112 LIBRARY SERVICES Live Oak 695-2021 Marysville 749-7380 Rio Oso 633-2170 Yuba City 822-7137 CHILD CARE & DEVELOPMENTAL SERVICES Children's Home Society Call 673-7503 or 1-800-552-0400 Resource Hotline 645-6298 Community Care Licensing | Yuba County Office of Education, Early Start Family Education Resource Center Support to Yuba County families of infants and toddlers from birth to 5 years who are at risk for developmental disabilities or who have established disabilities | Child Help's National Child Abuse Hotline 1-800-422-4453 Compassionate Friends Self-help support for parents who have experienced the death of a child 216-0141 or 1-877-969-0010 Family SOUP (aka Parent Network) For families of children with special needs. Provides referrals to services, a resource library, parent-toparent support, parenting classes and support groups in Yuba, Sutter and Colusa counties 751-1925 Rideout Hospice (See Medical – Hospice) Harmony Health Family Resource Center Assists families with community referrals, in home case managing, counseling, anger management counseling, parent workshops/ support groups, women's support group, and resource information file. S H 742-5049 Sutter North Hospice Children's Bereavement Program Offers services to children, teens and families |
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| Commission Planning for services for children under age 5 | General Information 674-5400 Crisis Line 674-2040 | Information and referral services. Parent education classes, life skills workshops, support groups. Linkages to health and social service |

| assistance. Information and referral. Nursing home transition. Peer support. Independent living skills. Assistive technology. Fix-it Program. Senior transportation vouchers for paratransit Call | Yuba College Disabled Student Program Voice Line | Resource center for homeless families. Partial rental deposits to qualified applicants |
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| Yuba City Unified School District 822-2908 Sutter Co. Schools | households, renters, or owners in Yuba and Sutter counties 916-567-5220 | Information about employment, training, education 673-4120 or 723-3591 |
| Speech & Hearing Clinic CSU, Chico Diagnostic and rehabilitative services for communicative disorders 898-5871 | Sutter Co 1-877-652-0735 Yuba Co | students898-4028 Website www.calstate.edu/sas/eop |

| Employment Development Department | Regulation of open burning. | Sutter Co |
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| Workshops and other employment services. | Sutter Co | Yuba Co |
| Unemployment Insurance 1-800-300-5616 | Yuba Co | District Attorney |
| Farm Advisor UC Coop. Extension | Recology Yuba-Sutter | Consumer protection, involuntary commitment, |
| Information on gardening, landscape, money | Solid waste removal and recycling743-6933 | criminal prosecution. |
| management and food production | FINANCIAL ASSISTANCE | Sutter Co |
| 822-7515 | (Also See Emergency Social Services) | Yuba Co |
| Library Literacy Program | Beale AFB Family Support Center | Public Guardian |
| Serves Yuba and Sutter Counties 822-7272 | 634-2863 | Trust of personal affairs when no relative is |
| One-Stop Business Career Training & | Community Resource Project, Inc. | able to do so. |
| Center | (See Utilities) | Sutter Co |
| Sutter Co | Consumer Counseling Services | Yuba Co |
| Yuba Co | Counseling for anyone with financial | Recorder |
| Sutter County Employment Services | difficulties, provides money management | Vital statistics, military discharge, deeds and all |
| Employment, educational training, work | guidelines 695-2131 | official land transactions. |
| experience program for TANF recipients. Child | County Depts. of Human Services | Sutter Co 822-7134 |
| care and transportation provided 822-7133 | Medi-Cal, CalWorks, emergency loans, | Yuba Co |
| Tri-County ROP | CalFresh, general relief, and CMSP. | Registrar of Voters |
| School-based vocational education for youth & | Sutter Co 1-877-652-0735 | Voter registration, filing for county office and |
| adults 16 years & older 822-2952 | Yuba Co | elections. |
| Yuba College CalWorks 634-7773 | Social Security Administration | Sutter Co 822-7122 |
| Yuba County Employment Services | Information about retirement benefits, survivor | Yuba Co |
| Employment, education training, work | benefits, Medicare, and benefits for the elderly, | HOUSING |
| experience program | blind or disabled 1-866-331-5449 | Casa de Esperanza |
| ENVIRONMENT/RECYCLING | GOVERNMENT | (See Child & Family Counseling) |
| County Office of Environmental Health | County Clerk | Community Housing Improvement Program |
| Accepts complaints concerning the | Filing for marriage, confidential marriage, | (CHIP) |
| environment and public areas. | passport, minor emancipation. Also performs | Assistance to low-income and rural |
| Sutter Co | marriages. | disadvantaged residents, seniors, and others |
| Yuba Co | Sutter Co | who lack financial resources or knowledge to |
| Office of Emergency Services | Yuba Co | improve or provide adequately for their |
| Toxic waste removal. | Clerk of the Superior Court | housing 891-6931 |
| Sutter Co | Filing for any legal proceedings including | Contractors Referral Board |
| Yuba Co | divorce. | |
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Air Pollution Control

| To find licensed contractors in good standing with the State Licensing Board | Free services provided for establishing, enforcing and collecting child support | MEDICAL/DENTAL/VISION CLINICS A Woman's Friend (See Women's Services) Access for Infants & Mothers (See Women's Services) Ampla Health (formerly Del Norte Clinics) Gridley 846-6231 Linda 743-4611 Yuba City 673- 9420 Ampla Health Dental Services Olivehurst 743-4611 Feather River Tribal Health, Yuba City General medical care 751-8454 Infectious Disease Information Sexually Transmitted Diseases, TB and other communicable diseases. Sutter Co. 822-7215 Yuba Co. 749-6366 Insure Kids Now Toll free 1-877-543-7669 Live Oak Clinic – Medical/Vision Comprehensive medical and vision services for adults and children. 9980 Live Oak Blvd., Live Oak 749-3242 Marysville Immediate Care Clinic For urgent, non- life threatening, medical attention. 724 Fifth Street, Marysville 749-3242 PeachTree Health Mobile Dental Clinic Dental services including exam, cleaning, fluoride, and oral hygiene for children with Medi-Cal coverage who reside in Yuba and Sutter counties. 788-3578 |
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| Peach Tree Clinic – Medical/Vision Comprehensive medical and vision services for children and adults. 5730 Packard Ave., Ste 500, Marysville | Information & services regarding communicable disease & TB control and testing; immunizations; public health nursing, child lead poisoning prevention, tobacco education; CA Children's Services Program, maternal, child, adolescent health 749-6311 MEDICAL - DISEASE INFORMATION Sutter-Yuba Medical Society Physician referrals, complaints 916-630-7030 CDC National AIDS Hotline | Juvenile Diabetes Research Foundation Health services information 916-920-0790 Easter Seal Society Medical equipment for loan. Information and referral. Public education 673-4585 Epilepsy Foundation of America 1-800-632-3532 March of Dimes Birth Defects Fund Advocacy, medical and public health education, printed materials (also in Spanish) 1-916-922-1913 National Health Information Center Clearing House 1- 240-453-8280 National Jewish Lung Line Health info and doctor referral 1-800-222-5864 Organ Donation Information Line (UNOS) 1-888-894-6361 Sexually- Transmitted Disease Helpline 1-800-227-8922 MEDICAL - HOSPICE Rideout Hospice Medical services for the terminally ill in Sutter and Yuba Counties. Support groups for the terminally ill & their families 790-3006 Sutter North Hospice 749-3460 MEDICAL - SUPPORT GROUPS AIDS Support Home Health Care Management. CHP Plus for HIV positive or AIDS. No cost to client, includes skilled nursing, social work, homemaker, financial assistance 1-800-400-0727 Alzheimer's Aid Society of Northern CA Information Group 1-800-540-3340 |
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| American Lung Association - Better Breathers | Vocational training services 1-916-920-0285 California Tribal TANF Partnership | Senior Information & Assistance Locates services and resources requested by seniors, provides assistance completing forms, schedules HICAP appointments, etc |
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| Housing, utility, nutrition assistance. | Housing Authority (See housing) In-Home Supportive Services (IHSS) | Dial-A-Ride Reservations |

| UTILITIES | Pregnancy testing and pregnancy verification, |
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| Pacific Gas & Electric Company | maternity and infant clothing for loan; |
| Toll free 1-800-743-5000 | parenting classes, post-abortion support groups |
| PG&E "REACH" Assistance | for women & men. |
| 1-800-933-9677 | 24-hour Hotline |
| Community Resource Project Home Energy | Access for Infants & Mothers |
| Assistance Program (HEAP) | Insurance for medical expenses during |
| Assistance with utility bills based on specific | pregnancy 1-800-824-0088 |
| criteria. Weatherization for low income | Casa de Esperanza |
| households, renters, or owners in Yuba and | (See Child & Family Counseling) |
| Sutter counties 671-7590 | Child Protective Services |
| California Lifeline (Telephone) | (See Emergency/Social Services) |
| General Information 1-866-272-0349 | County Health Services |
| Recology Yuba-Sutter | (See Medical Clinics) |
| Solid waste removal and recycling | Feminist Women's Health Center |
| 743-6933 | Abortion, birth control, VD and pregnancy |
| VETERANS & MILITARY | testing, referrals, fertility services |
| American Red Cross | 1-800-714-8151 |
| Service to military families | First Steps Perinatal Program |
| EDD Veterans Services Officer | (See Alcohol & Drug Abuse Services) |
| National Veterans' Foundation | Planned Parenthood |
| 1-888-777-4443 | Birth Control, pregnancy testing, STD |
| Yuba City Veterans Outpatient Clinic | screening and treatment, first trimester |
| 425 Plumas Street, Yuba City 751-4500 | abortion, PAP tests, AIDS testing, tubal |
| Yuba College Veteran's Affairs | ligation and vasectomy counseling |
| Education benefits for veterans and dependents | .674-2603 WIC (Women, Infants, & Children) |
| 741-6822 | Nutrition education, supplemental food |
| Yuba Sutter Veteran Service Office | vouchers, breastfeeding education. |
| 749-6710 | Sutter Co |
| Yuba Sutter Veterans Stand Down | Yuba Co |
| 749-1036 | WOMEN'S SERVICES - RAPE CRISIS |
| WOMEN'S SERVICES | INTERVENTION |
| A Woman's Friend Pregnancy Resource Clinic | Casa de Esperanza 674-2040 |
| All services free of charge including: | Planned Parenthood 674-2603 |
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